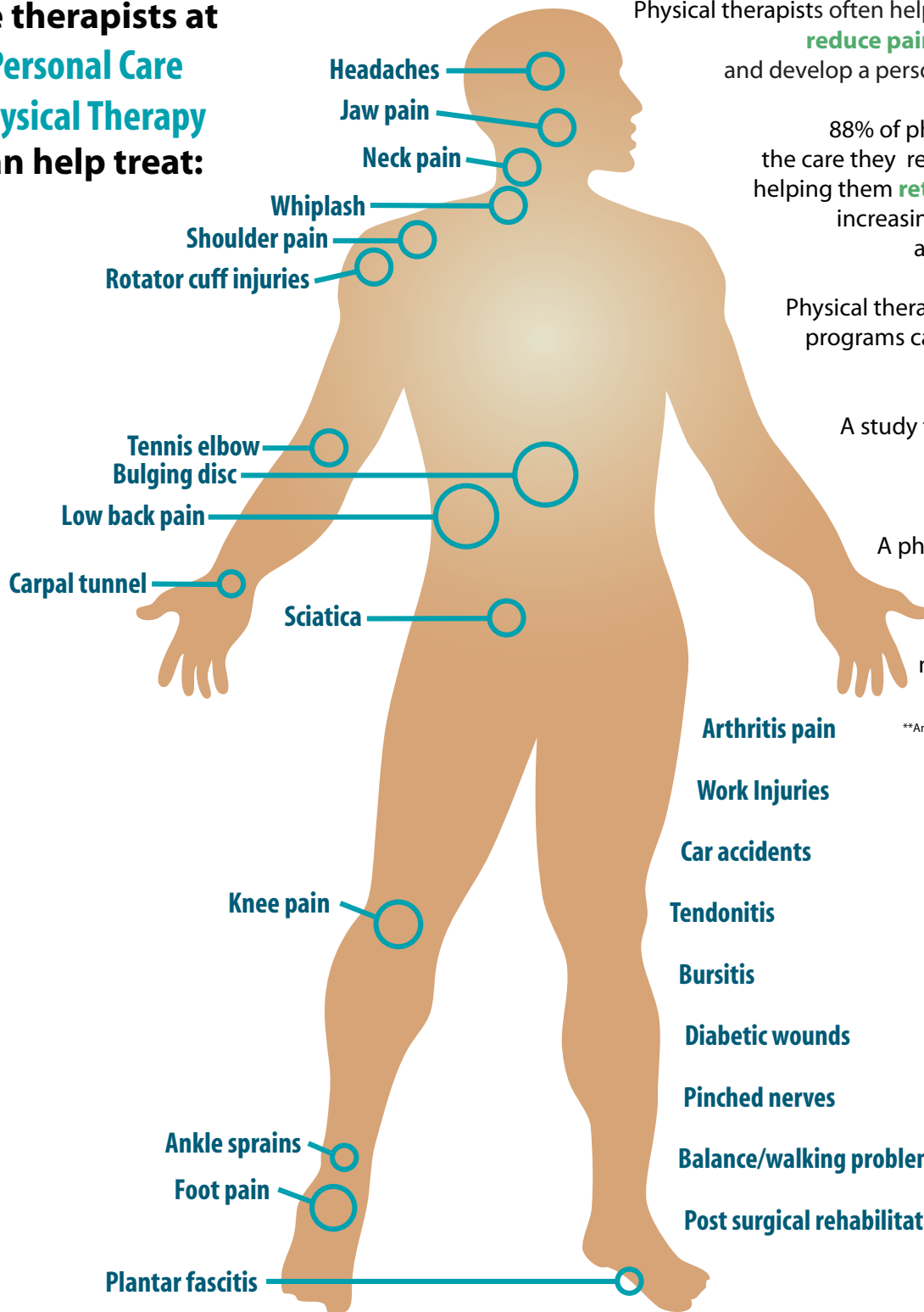


Did You Know...?

The therapists at
**Personal Care
Physical Therapy**
can help treat:



Physical therapists often help improve your mobility, **reduce pain without medications**, and develop a personalized home program.

88% of physical therapy users say the care they received was beneficial to helping them **return to normal activity**, increasing their range of motion, and relieving their pain.*

Physical therapist-developed exercise programs can **reduce athletes' risk of injury by 41%**.**

A study found **physical therapy helped 92%** of patients with **low back pain**.***

A physical therapist can **be a great alternative to medication for surgery** for treating musculoskeletal pain.***

Arthritis pain

Work Injuries

Car accidents

Tendonitis

Bursitis

Diabetic wounds

Pinched nerves

Balance/walking problems

Post surgical rehabilitation

*APTA Consumer Survey, Oct 2007
**American Journal of Sports Medicine, August 2008
***Spine, July 2008

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