

Experienced and Focused in Orthopedic Physical Therapy and Occupational Health

Linda has more than 25 years experience as a physical therapist. She obtained Board Certification as an Orthopedic Specialist from the American Physical Therapy association in 1994 and has been a member of the American College of Rheumatology Health Professionals since 1995. She has taught courses for the Arthritis Foundation and at Wayne State University in Michigan. Her professional background includes advanced study of the foot & ankle, Yoga & Pilates, core strengthening, chronic pain, and industrial injuries.



Linda Brabant, PHYSICAL THERAPIST, OWNER

During the past 8 years, Linda has focused on Occupational Health in the Flagstaff industrial community. She has assisted local businesses in dramatically reducing Workers' Compensation costs via: supervisor training, employee body mechanics awareness training, early injury intervention, post-offer screening of new employees, and return-to-work programs if an injury does occur.

What makes Personal Care Unique?

“The larger, corporate-run health care centers encourage high productivity from their therapists, to create higher revenue. We are a family owned physical therapy practice and we selected the name ‘Personal Care’ to reflect our vision of spending more personalized time with our clients.”

PERSONAL CARE PHYSICAL THERAPY

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